



## **How Trump's Project 2025 Will Harm Washington's 1st Congressional District**

Trump's Project 2025 will gut checks and balances so that Trump and MAGA Republicans can take control of the government and impose an extreme agenda on every person in America. They will wield their unchecked power to criminalize abortion nationwide, hurt the middle class, and end Social Security and Medicare as we know it. Here are some specific ways it will affect **Washington's 1st Congressional District**.

### **Medicaid**

Trump's Project 2025 imposes "time limits or lifetime caps" on Medicaid benefits, which could strip away coverage from **12,000 low-income individuals in Washington's 1st Congressional District** after they have been on Medicaid for a set amount of time, regardless of their health or economic needs.<sup>1</sup>

### **Medicare**

Trump's Project 2025 would push seniors into corporate health insurance plans rather than traditional Medicare without their full consent by making Medicare Advantage the default option. As Medicare shrinks, it could open the door to benefit cuts and privatization schemes that threaten the health and pocketbooks of **771,434 people** enrolled in traditional Medicare in **Washington**, including **58,000 in Washington's 1st Congressional District**.<sup>2</sup>

### **Prescription Drugs**

Trump's Project 2025 would repeal the health reforms that Democrats secured through the Inflation Reduction Act to lower the cost of prescription drugs for Medicare beneficiaries. Eliminating these reforms would raise the cost of prescription drugs for up to **84,000 people in Washington's 1st Congressional District**. Ending Medicare drug price negotiations, would also directly increase drug prices for **12,000 Medicare enrollees in Washington's 1st Congressional District** who take any of the ten drugs for which Medicare negotiated lower prices.<sup>3</sup>

### **Nutrition Assistance**

Trump's Project 2025 will cut food assistance for up to **42,000 individuals in Washington's 1st Congressional District** who rely on the Supplemental Nutrition Assistance Program (SNAP) to put food on their families' tables.<sup>4</sup> Project 2025 rolls back benefits for everyone receiving SNAP, adds ineffective requirements, and makes it harder to enroll. This will harm especially children, families, older Americans, people with disabilities, and veterans.

### **Public Education**

Trump's Project 2025 would abolish the Department of Education and eliminate Title I education funding, causing a devastating loss of funding for high-poverty schools. Ending Title I would take critical

resources away from **42,173 children** who attend Title I schools in **Washington** and eliminate **2,452** teaching positions in **Washington**.

### **Child Care**

Trump's Project 2025 would eliminate the Head Start program, which would destroy a program that provides access to no-cost child care and other services for **300 low-income children** in **Washington's 1st Congressional District**.<sup>5</sup> Eliminating Head Start would raise costs for families in **Washington** that are already struggling to make ends meet, exacerbate the shortage of child care slots, and undermine economic growth.

### **Student Loans**

Trump's Project 2025 replaces income-driven repayment (IDR) plans with a one-size-fits-all program that would increase payments for all borrowers enrolled in existing IDR plans, including the Biden-Harris administration's Saving on a Valuable Education (SAVE) Plan. Under Project 2025, **133,500 borrowers** in **Washington** enrolled in SAVE could be forced to pay \$2,700 to \$4,100 more each year.<sup>6</sup>

### **Taxes**

Trump's Project 2025 is a massive handout to the wealthiest 1 percent at the expense of hardworking Americans. It would enact new tax brackets that raise taxes on the middle class while cutting taxes for the ultrawealthy. Under the plan, the typical family of four in **Washington** would see a tax increase of **\$2,544** per year. Meanwhile, the wealthy few with incomes over \$10 million would receive a \$1.5 million tax cut.<sup>7</sup>

### **Social Security**

The authors and backers of Trump's Project 2025 make clear that they plan to attack Society Security by raising the retirement age, cutting benefits, and privatizing the vital retirement program. Raising the retirement age would cut Social Security benefits for nearly three-quarters of Americans, including **5,811,240 people** in Washington. Over ten years, the median-wage retiree could lose up to \$100,000.<sup>8</sup>

### **Reproductive Freedom**

Trump's Project 2025 eliminates certain emergency contraception medications from free preventive care requirements, meaning **1,180,000 women** in **Washington** would lose guaranteed access to free emergency contraception. Project 2025 would also ban medication abortion and criminalize mailing it nationwide, even in states where abortion is legal. It also calls for a nationwide surveillance system to monitor all pregnancies, requires reports on any women travelling out-of-state to seek abortion care, and takes federal legal action against local officials who refuse to bring cases against women and doctors who violate a state abortion ban.<sup>9</sup>

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<sup>1</sup> KFF, *Medicaid Enrollees by Enrollment Group: Timeframe 2021* (<https://www.kff.org/medicaid/state-indicator/distribution-of-medicaid-enrollees-by-enrollment-group/?dataView=1&currentTimeframe=0&sortModel=%7B%22colId%22:%22Location%22,%22sort%22:%22asc%22%7D>). Estimate is based on the “Adult” Medicaid enrollment category.

<sup>2</sup> Centers for Medicare & Medicaid Services, *Medicare Monthly Enrollment* (as of May 2024) (<https://data.cms.gov/summary-statistics-on-beneficiary-enrollment/medicare-and-medicaid-reports/medicare-monthly-enrollment>).

<sup>3</sup> The number of Medicare Part D beneficiaries in each district who were prescribed any of the 10 drugs selected for negotiation under the IRA’s Medicare Drug Price Negotiation program was estimated using Medicare Part D prescribing data from 2022. See Centers for Medicare & Medicaid Services, *Medicare Part D Prescribers – by Geography and Drug* (June 4, 2024) (<https://data.cms.gov/provider-summary-by-type-of-service/medicare-part-d-prescribers/medicare-part-d-prescribers-by-geography-and-drug>). These estimates were proportionally adjusted to match the number of beneficiaries prescribed these 10 drugs in 2023. See Centers for Medicare & Medicaid Services, *Medicare Drug Price Negotiation Program: Negotiated Prices for Initial Price Applicability Year 2026* (August 1, 2024) (<https://www.cms.gov/files/document/fact-sheet-negotiated-prices-initial-price-applicability-year-2026.pdf>).

<sup>4</sup> U.S Department of Agriculture, *SNAP Data Tables: Latest Available Month – June 2024 State Level Participation & Benefits – Persons* (September 13, 2024) (<https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>). Estimates are based on June 2024 enrollment.

<sup>5</sup> U.S. Department of Health & Human Services, *Head Start Early Childhood Learning & Knowledge Center: Head Start Service Location Datasets* (April 11, 2024) (<https://eclkc.ohs.acf.hhs.gov/about-us/article/head-start-service-location-datasets>).

<sup>6</sup> Center for American Progress, *“Project 2025 Would Increase Costs, Block Debt Cancellation for Student Loan Borrowers”* (June 24, 2024) (<https://www.americanprogress.org/article/project-2025-would-increase-costs-block-debt-cancellation-for-student-loan-borrowers/>).

<sup>7</sup> Center for American Progress, *“Project 2025’s Tax Plan Would Raise Taxes on the Middle Class and Cut Taxes for the Wealthy”* (August 27, 2024) (<https://www.americanprogress.org/article/project-2025s-tax-plan-would-raise-taxes-on-the-middle-class-and-cut-taxes-for-the-wealthy/>).

<sup>8</sup> Center for American Progress, *“Raising the Retirement Age for Social Security Would Cut Benefits by Thousands of Dollars Each Year”* (July 31, 2024) (<https://www.americanprogress.org/article/raising-the-retirement-age-for-social-security-would-cut-benefits-by-thousands-of-dollars-each-year/>).

<sup>9</sup> Center for American Progress, *“Project 2025 Would Take Away Access to Free Emergency Contraception for 48 Million Women”* (June 18, 2024) (<https://www.americanprogress.org/article/project-2025-would-take-away-access-to-free-emergency-contraception-for-48-million-women/>).

